

Prairie Newsletter

Yelm Food Cooperative Needs Board Members!

Do you have a passion for the Yelm Food Cooperative, community organizing, or the co-op movement in general? Then this may be for you. With the new structure of the Yelm Food Cooperative going into effect this year, our existing board is splitting into two separate groups and we are looking for a minimum of three new board members. Currently, the positions of President, Treasurer, and Secretary are vacant.

Board members play a key role in ensuring sustainable growth of the Co-op, participating in oversight, planning, and financial analysis on behalf of our members/owners. The ideal candidates include current members who are devoted to shopping at our store, and individuals with experience in business, retail, law, construction, or some combination thereof. However, a commitment to and demonstrated passion for our mission will also go a long way.

If you're interested in applying, the application deadline is March 23, 2017. As part of the selection process, a committee comprised of members of our current board will interview each candidate and explain the expectations of new board members. Then the committee will select from the candidates available. If more than three strong candidates emerge from the interview process, we may elect to expand our board. Although these positions will start as appointments, all board seats will go through an election process that will begin at our next Annual General Meeting which is currently scheduled for September.



Yelm's Only Natural & Organic Market
Monday - Saturday 9 a.m. - 7 p.m.
Sunday 10 a.m. - 5:30 p.m.
308 Yelm Ave E, Yelm, WA 98597
Phone: 360-400-2210 - Fax: 360-400-4021
E-mail: yelmfoodcoop@gmail.com
www.yelmfood.coopyelmfoodcoop@gmail.com

If you believe in helping Yelm Food Cooperative pave the way for a successful future of empowering the local food movement in the Yelm area, please email us at yelmfoodcoop@gmail.com with the

A Vegan Footprint by Eleanor & Lee

A new poll shows that 58% of us "personally worry" about climate change, pollution and deforestation. Worrying though won't do much good but going vegan will. Vegans have the smallest carbon footprint, generating fewer greenhouse gases and 13% fewer than vegetarians. Vegans use less water too. A vegan indirectly consumes nearly 600 gallons of water a day less than the average meat eater. Livestock raised commercially uses a tremendous amount of water and pollution with the run off pools of waste. Some scientists even predict that people will have to go vegetarian by 2050 in order to counteract ever-burgeoning environmental problems. Let's not wait until our planet is parched and extreme weather is a daily occurrence before we change our eating habits. Let's all try to eat less meat or none at all.

Great tasting vegan food and meat substitutes are widely available now. Ask your YFC for vegan options and ideas. Vegan is the "new green". It's not "cool" anymore to eat meat and we need to show compassion for our fellow animals who suffer such cruelty and squalid. Bill Gates and Biz Stone are investing in innovative new vegan companies, including Beyond Meat and Hampton Creek Foods which makes Beyond Eggs. Yes vegans can even have eggs now - it was only a matter of time! Researchers from the University of CA - Riverside claim that cooking just one charbroiled burger causes as much pollution as driving an 18 wheeler for 143 miles.

So being vegan is all about compassion, living and thinking compassionately and caring for the earth. In the name of "progress" since the 50's, we have endured the rise of processed food, fast food chains, big agri-business, depleted soil, harmful chemicals, deforestation and GMO's to name but a few. Time to turn full circle and go back to our roots and the earth and listen to what nature can teach us.

Remember: Atrocities are no less atrocities when they occur in laboratories and are called research!

Eleanor and Lee



Join Anne
every Friday 2p-7p
and
Saturdays from Noon-4 p.m.

*"Taste often. Drink what you like." — Anne Marsh
Virtuose de Vin*

Nothing like a fine wine

Learn everything you need to know about the Wine Cellar of Yelm.

Board meetings!

Board meetings are open to all members. Ten minutes is set aside at the beginning of each meeting for comments and suggestions.

The Board meets at 6 p.m. on the third Thursday of every month at Olympia Federal Savings, 907 W Yelm Ave SE, Yelm, Wa 98597.



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